# **Team Building Exercises**

## Each Idea is a Treasure

#### Purpose:

This is an interactive community building exercise. Could be used as an opening exercise for a conference or meeting. Good for groups of various sizes. Could work as part of an icebreaker activity or as a brainstorming activity to get lots of ideas quickly.

## Materials:

- •1 "treasure card" per participant Consider using index cards (light colored) or scrap booking paper or card stock (be sure any background design is subtle).
- Decorative box to use as a Treasure chest.
- Dark colored markers or pens.

## Instructions:

- Leader gives out 1 **"treasure card"** and a pen or marker to each participant
- Leader reads out a prepared question to group relevant to the purpose of the conference or meeting
- Each participant writes his/her response to question on one side of the "treasure card" (names optional)
- Each participant returns completed "**treasure card**" to leader who puts it into the Treasure Chest
- Pass around the box filled with "**treasure cards**". Each participant chooses a random card and hands to the leader after reading. Discuss responses.
- (optional) Compile "**treasure card**" responses and add them to your newsletter or website.

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